

Starters

Freshly Prepared Soup of the Day Served with home-made brown bread or white roll	€5.00
Crostini Baguette topped with tomato onion pepper and mozzarella drizzled in pesto oil	€6.00
Caesar Salad Crispy lettuce tossed with bacon & croutons in a creamy Caesar dressing finished with fresh parmesan	€6.00
Deep Fried Potato Skins Crispy potato skins filled with bacon & topped with cheddar cheese	€6.50
Hot & Spicy Chicken Wings Starter portion of hot & spicy chicken wings server with garlic dip	€6.50
Oriental Spring Roll Served with a sweet chili sauce	€6.50
Crispy Tiger Prawns Wrapped in Filo Pastry Wrapped In filo pastry with a sweet chili dip	€6.50
Feta Cheese Salad Served with crouton and dressed mixed leaves	€6.50
Oak Smoked Salmon Homemade brown bread topped with cream cheese and smoked salmon.	€7.00

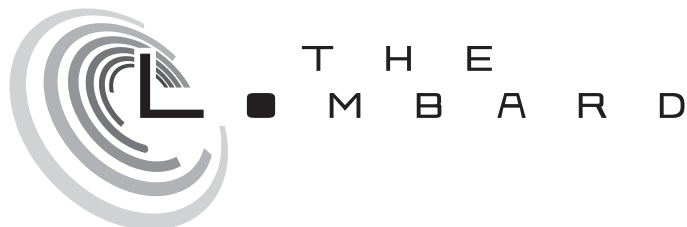
Healthy Options

All salads served with fresh brown bread

Chicken Caesar Salad Grilled chicken breast tossed with bacon croutons lettuce in a creamy Caesar dressing & fresh parmesan	€13.00
Greek Salad Feta cheese mixed leaves tomatoes olives red onion with pesto	€13.00
Prawn & Walnut Salad Served with a mixed salad & Marie Rose sauce	€14.00
Warm Goats Cheese Salad Served with mixed salad and croutons	€13.50
Chorizo Salad Chunky Chorizo pine nuts peppers red onion cherry tomato & balsamic dressing	€13.00

**** Please note all our food is cooked to order, this may delay our service time during very busy periods****

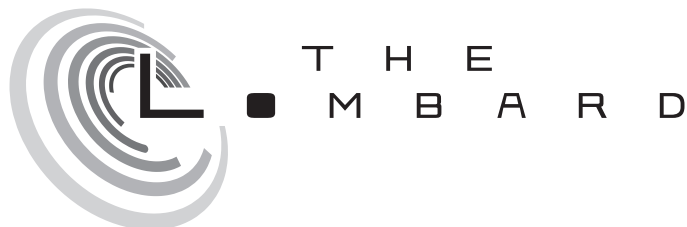
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MAIN COURSES

All main courses served with a choice of: Fries / Potato Slices / baked potato / mash potato or Side Salad.
Dishes marked with ★★ are served as described. All our Beef is 100% Irish and Traceable.

Spicy Cajun Chicken ★★ Fillet of chicken in a creamy Cajun sauce with grilled pineapple and basmati rice	€13.50
Traditional Fish & Chips Fillet of fish, deep fried and served with a wedge of lemon & tartar sauce	€14.00
Bacon & Mushroom Carbonarra ★★ Tag pasta served in a creamy white wine sauce	€13.00
Lasagna Finest bolognaise sauce layered with pasta and topped with a creamy cheese sauce	€13.50
Beef & Guinness Stew ★★ Served with homemade brown bread	€13.50
10oz Angus Strip Loin Steak served on a sizzling platter: Grilled to your liking with onions mushrooms tomato and pepper sauce	€19.50
Stir fry Noodles in a sweet chili & soy sauce with a choice of: ★★ Marinated Chicken Succulent Beef Seasonal Vegetables Dublin Bay Prawn	€13.50 €13.50 €12.50 €14.00
Gourmet Steak burger with a choice of: Classic Cheese and Bacon The Lombard Creamy Peppered Burger Special Hot Jalapeno & Ranch Reggae Burger in strong herbal Tomato Sauce	€13.50
Chicken Burger Fillet of chicken with lettuce & rosemary sauce served on toasted bun	€12.50
Pan Fried Salmon ★★ Served with a lemon and white wine sauce with mash potato and vegetables	€14.50
Spicy Buffalo Wings ★★ Oven baked, tossed in a hot sauce, with a cool garlic BBQ Sweet chili sauce on the side	€13.00
Grilled Steak Sandwich 6oz steak served on ciabatta bread with sautéed onions and mushrooms	€14.50
Savory Omelette Stir-fried ham pepper onion mushroom, tomato in a fluffy three egg omelette topped with Cheddar cheese	€13.50
Madras Chicken Curry ★★ Served with rice and fries	€13.00
Sizzling Fajita Platters with a choice of Chicken or Beef ★★ Served to your table on a sizzling hot platter with onions sliced red and green peppers Cheese served with guacamole, tomato salsa, sour cream and warm flour tortilla.	€14.50
Irish Full Breakfast ★★ Sausage, bacon, egg, beans, mushroom, tomato, black & white pudding & chips with tea/coffee & toast.	€10.00
Pork & Leek Bangers & Mash ★★ Cumberland sausages served with creamy mash topped with onion gravy	€12.50
Chef Dish of the Day Please ask your server for details on today's dish	€13.00



T H E
M B A R D

Panini Wrap & Baguette Selection

All Panini Wraps & Melts are served with fries side salad or baked potato

Panini Special Bacon cheese tomato and onion	€11.00
Tuna Classic Panini Tuna sweet corn mayonnaise and cheddar cheese	€11.00
Tex Mex Wrap Chicken cream cheese lettuce & Mexican salsa sauce	€11.00
Vegetarian Stir-fried peppers onions mushroom and tomatoes topped with mozzarella cheese	€11.00
BLT Bacon, lettuce, tomato, & mayonnaise	€11.00
Club Special Grilled chicken with bacon, tomato, lettuce, cheese and mayonnaise	€11.00
Tuna Melt Toasted brown bread with tuna and melted cheese & drizzled in pesto	€10.00

All above served with choice of fries, side salad or baked potato

Kids Menu (Kids Only)

Chicken Goujons and Fries	€5.00
Kids Portion Dish of The day	€5.00
Homemade Beef Burger and Fries	€5.00
Sausage and Fries	€5.00
Adult portion Sausages or Goujons & Fries	€8.50

All of Our Beef Are Guaranteed Irish & 100% & Traceable

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Hot Finger Food Platter

Large Party Platters (Suit for 8-10 person)	€40.00
Small Party Platters (Suit for 4 - 5 person)	€25.00

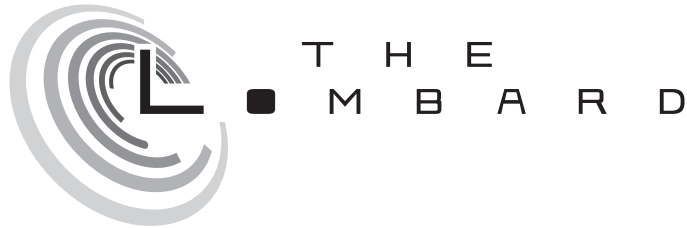
Side Order

Selection

French Fries €4.50
Potato Slices €4.50
Side Salad €4.50
Sauté Mushrooms €4.50
Onion Rings €4.50
Portion of Bread €1.50
Creamy Pepper Sauce €1.50
Sweet Chili / Salsa Dip / Louisiana €1.50

Desert

Hot Apple Pie €5.00
Chocolate Fudge Cake €5.00
Selection of Ice Cream €5.00
Selection of Ice Cream Kids €3.50
Cheesecake €5.00
Profiteroles €5.00



OPERATION TRANSFORMATION

Evening Options

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Warm Feta Spinach Tortilla €10.00

Smoked Salmon Wrap €10.00

Chicken Salad With Avocado & Pine Nuts €10.00

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Chilli Taglatelli Bolognese €10.00

Stuffed Chicken & Mediterranean Vegetables €10.00

Vegetarian Pasta Bake €10.00

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Skinny Latte €3.10

Skinny Cappuccino €3.10

Diet Soft Drinks €2.90

Mineral Water €3.00